

DIRECTOR BIOGRAPHY

Cathy McKenna



Cathy is a level 5 certified Sports Therapist working in Armagh City, Northern Ireland and has run an independent clinic for the last 18 years. In fact, Cathy was trained by Yvonne, the current Chair, and so they have a long association. She also teaches Sports Massage, on a part-time basis at South West College.

Outside of work, she has two young daughters to keep her busy and she enjoys playing netball, walking her dog and singing at wedding and funeral ceremonies.