

DIRECTOR BIOGRAPHY

Joan Watt

SMA Honorary President



Joan is a Chartered Physiotherapist with belief in Sports Massage and gained extensive experience at major sporting events. These have included attending her first Commonwealth Games in 1970 and subsequently every one between 1982 and 2010. She was the Honorary Medical Advisor to Scottish Commonwealth Games in 2014. She was Head Physiotherapist and co-ordinator of massage practitioners, podiatrists and physiotherapist at the Youth Commonwealth Games in 2000, Head of Medical Services for Scotland at Bisley (rifle shooting) in 2002, Lead Physiotherapist for UK Athletics 1985 to 1996 and Medical Co-ordinator at Euro Cross Country 2003 and Euro Indoors 2007.

She is very honoured to have been appointed as Honorary President of the SMA, having chaired the initial founding group and served as the first Chair - "It is wonderful to see the Sports Massage Association start to get its deserved recognition and I trust it goes on from strength to strength".